

Organic Hafer Cuisine 8% Fat Natumi 15x200ml

Hafer Cuisine is as delicious and versatile as cream, with a pleasant nutty flavour and only 8% fat. It enhances soups, sauces, vegetable dishes, dips, desserts, and cakes. Store in the refrigerator after opening and consume within 4-5 days. Made from organic whole grain oats, naturally free from lactose and milk protein, and suitable for soy allergy sufferers.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	386 kj
Calorific value kcal	92 kcal
Fat	7.4 g
Of which saturated fatty acids	0.9 g
Carbohydrates	5.5 g
Of which sugar	0.9 g
Fibers	0.6 g
Protein	0.6 g
Salt	0.1 g

Allergene

Gluten-containing cereal	Ja
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein

Horst Bode Import-Export GmbH

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Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Ja
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein