

Natumi organic unsweetened natural oat drink 8x1l

Oats are not just an essential part of breakfast cereals! Oats can also be used to make delicious plant-based drinks and milk alternatives - for a dairy-free, vegan diet. With its rich, full-bodied taste, this drink is just as delicious on its own as it is in muesli, and it's also perfect for cooking and baking when a plant-based alternative to milk is needed. A true all-rounder. No added sugar. The oats used in this drink are exclusively sourced from regional organic farming and the production takes place in Germany.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	151 kj
Calorific value kj	202 kj
Calorific value kcal	36 kcal
Calorific value kcal	48 kcal
Fat	1.1 g
Fat	1.3 g
Of which saturated fatty acids	0.1 g
Of which saturated fatty acids	0.3 g
Carbohydrates	6.1 g
Carbohydrates	8.4 g
Of which sugar	5 g
Of which sugar	5.6 g
Fibers	0.3 g
Fibers	0.5 g
Protein	0.3 g
Protein	0.5 g
Salt	0.13 g

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Allergene

Gluten-containing cereal	Ja
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Ja
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein

Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein