

Organic Mango-Curry Spread - Zwergenwiese 6x180g

Delicious vegan organic spread crafted from sunflower seeds, ripe mangoes, and aromatic curry. Perfect for bread and rolls, it also adds a creative twist to various dishes.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1424 kj
Calorific value kj	1624 kj
Calorific value kcal	340 kcal
Calorific value kcal	388 kcal
Fat	32.4 g
Fat	37 g
Of which saturated fatty acids	3 g
Of which saturated fatty acids	3.1 g
Carbohydrates	4.3 g
Carbohydrates	7.7 g
Of which sugar	2.7 g
Of which sugar	5.9 g
Fibers	2.2 g
Fibers	2.4 g
Protein	6.8 g
Protein	4.9 g
Salt	1.59 g
Salt	1.2 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein

Peanuts	Nein
Milk	Nein
Celery	Ja
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Ja
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Horst Bode Import-Export GmbH Rye USt-IdNr.: DE154233667	Nein

Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein