

Corn for popcorn organic

Designation: corn for popcorn

Description: After harvesting, the corn is cleaned and packed. For the popcorn, small-grained pointed corn or pearl corn are used. Because the inside of the corn swells greatly with heat, the seed coat bursts, giving the popcorn its classic appearance.

Preparation: Heat two to three tablespoons of Bode coconut oil in a pot. Add 120 g of organic popcorn corn and close the lid. When the corn begins to pop, reduce the heat. When the "popping" sound stops, remove the pot from the heat and salt or sugar the popcorn to taste.

Ingridients: corn (for popcorn)*

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: Yes
Plastic-free: No
Organic: Yes
Colli/Multi package: We trade this item in various packaging units. The current packaging size is 25kg. Please refer to the order confirmation for the final packaging unit.
Value Pack: No

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

| | |
|--------------------------------|----------|
| Calorific value kj | 1487 kj |
| Calorific value kcal | 355 kcal |
| Fat | 4.3 g |
| Of which saturated fatty acids | 0.6 g |
| Carbohydrates | 61.8 g |
| Of which sugar | 0.9 g |
| Fibers | 12.7 g |
| Protein | 11 g |
| Salt | 0.018 g |

Allergene

| | |
|--------------------------|------|
| Gluten-containing cereal | Nein |
| Chicken egg | Nein |
| Peanuts | Nein |

| | |
|-----------------------------|------|
| Milk | Nein |
| Celery | Nein |
| Sesame seeds | Nein |
| Lupines | Nein |
| Crustaceans | Nein |
| Fish | Nein |
| Soy | Nein |
| Nuts | Nein |
| Mustard | Nein |
| Sulfur dioxide and sulphite | Nein |
| Molluscs | Nein |
| Cashews | Nein |
| Spelt | Nein |
| Barley | Nein |
| Oat | Nein |
| Hybrid Strains | Nein |
| Kamut | Nein |
| Macadamia | Nein |
| Almonds | Nein |
| Brazil Nuts | Nein |
| Pecans | Nein |
| Pistachios | Nein |
| Rye | Nein |
| Hazelnuts | Nein |
| Sesame | Nein |
| Walnuts | Nein |
| Wheat | Nein |