

Vital Organic Muesli

For a vital start to your day: [whole grain flakes](#), [seeds](#), crunchy [nut kernels](#), Cornflakes, exotic [coconut shreds](#) combined with the sweetness from [wineberries](#) and [sultanas](#). The Vital-Plus is delivered by unique [Organic Yeast Flakes](#). A varied muesli for the whole family, with milk, yogurt or a plant-based alternative.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1622 kj
Calorific value kcal	388 kcal
Fat	12.1 g
Of which saturated fatty acids	2.7 g
Carbohydrates	51.7 g
Of which sugar	6.9 g
Of which sugar	7 g
Fibers	11.4 g
Protein	12.3 g
Salt	0.022 g

Allergene

Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
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Horst Bode Import-Export GmbH
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Gluten-containing cereal	Nein
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Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Nein

[illegible]

Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Ja
Rye	Nein
Rye	Ja
Rye	Nein
Rye	Ja
Rye	Nein
Rye	Ja
Rye	Nein
Rye	Ja
Rye	Nein
Rye	Ja
Rye	Nein
Rye	Ja
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Rye	Ja
Rye	Nein
Rye	Ja
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein