

Organic Soybeans

Mature, dried soybeans with a firm consistency. The beige to yellow soybeans have a grain-like taste. They are rich in protein and fiber.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1792 kj
Calorific value kcal	428 kcal
Fat	20 g
Of which saturated fatty acids	2.9 g
Carbohydrates	20.9 g
Of which sugar	7.3 g
Fibers	9.3 g
Protein	36.5 g
Salt	0.02 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein

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Soy	Ja
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein