

Chickpeas spicy roasted organic

Designation: Roasted chickpeas with soy sauce

Description: Incomparable and unprecedented! This is how the combination of crunchy chickpeas tastes, made without adding fat and refined with a spicy tamari sauce. The organic snack not only convinces with its crunchy bite and savoury taste, but also with its inner values - namely with lots of fibre and protein.

Ingridients: chickpeas* 87%, **tamari* 8% (soybeans***, water, sea salt, mirin* (rice*, sweet rice*, water)), dextrose*, sea salt

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: No
Plastic-free: No
Organic: Yes
Colli/Multi package: We trade this item in various packaging units. The current packaging size is 10kg. Please refer to the order confirmation for the final packaging unit.
Value Pack: No

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1313 kj
Calorific value kcal	314 kcal
Fat	5.1 g
Of which saturated fatty acids	1 g
Carbohydrates	43 g
Of which sugar	5.7 g
Fibers	14 g
Protein	17 g
Salt	2.3 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein

Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Ja
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein