

# Organic Cornflakes

Golden crispy flakes, made from cornmeal, with no added sugar. Enjoy a light, crunchy delight in milk, yoghurt, or a plant-based alternative. Savour them pure, in mixes, or as a crunchy topping on fruit salads or bowls.

[Zum Produkt](#)

## Nährwerte

### Unzubereitet pro 100 g

Calorific value kj	1581 kj
Calorific value kcal	378 kcal
Fat	1 g
Of which saturated fatty acids	0.2 g
Carbohydrates	84.2 g
Of which sugar	1 g
Fibers	3 g
Protein	6.5 g
Salt	0.01 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein

Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein