

Crunchy Nibbles (Oat) organic

Something to nibble on! Crispy roasted oat flakes with plenty of nut kernels. Mild cashew nuts, crunchy Brazil nuts, almonds and exquisite pecan nuts ensure that this mix offers a different taste sensation with every grab from the bag. Tastes great: Pure as a snack for home and on the go or as an ingredient for muesli, fruit salad or bowls.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1920 kj
Calorific value kj	1921 kj
Calorific value kcal	459 kcal
Fat	20.6 g
Fat	20.7 g
Of which saturated fatty acids	9.6 g
Of which saturated fatty acids	9.5 g
Carbohydrates	55.1 g
Carbohydrates	54.7 g
Of which sugar	22.4 g
Fibers	7 g
Fibers	7.2 g
Protein	9.8 g
Protein	9.9 g
Salt	0.056 g
Salt	0.055 g

Allergene

Horst Bode Import-Export GmbH
UST-IdNr.: DE154233667

Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Nuts	Nein
Horst Bode Import-Export GmbH Nuts USF-ID-Nr.: DE154233667	Ja

Cashews	Ja
Spelt	Nein
Barley	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Horst Bode Import-Export GmbH Almonds USE ID Nr.: DE154233667	Nein

Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Pecans	Ja
Pecans	Nein
Pecans	Ja
Pecans	Nein
Horst Bode Import-Export GmbH Pecans US-Id.Nr.: DE154233667	Ja

Pecans	Nein
Pecans	Ja
Pecans	Nein
Pecans	Ja
Pecans	Nein
Pecans	Ja
Pecans	Nein
Pecans	Ja
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein