

Crunchy Choco pure (oats, rice) organic

Sometimes, you just need chocolate, even for breakfast. On those days, our crunchy Crunchy Choco is just what you need. Crispy toasted oat flakes, crunchy rice crispies, dark chocolate, and an extra sprinkle of cocoa powder make waking up in the morning easier. Still not crunchy enough? Then add some crispy light spelt flakes, unsweetened, made from whole grain.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1946 kj
Calorific value kcal	465 kcal
Fat	18 g
Of which saturated fatty acids	3.3 g
Carbohydrates	63 g
Of which sugar	23 g
Fibers	7.6 g
Protein	9 g
Salt	0.01 g

Allergene

Gluten-containing cereal	Ja
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein

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Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Ja
Oat	Ja
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein