

# Granola Apple & Cinnamon (Oat, Wheat) organic

Deliciously toasted granola made from oat and wheat flakes, delightfully fruity with crunchy apple pieces. Puffed amaranth and honey, along with a hint of cinnamon, create an irresistible breakfast experience. Enjoy with milk, yogurt, or a plant-based alternative. Also delicious as a topping on fresh fruit.

[Zum Produkt](#)

## Nährwerte

### Unzubereitet pro 100 g

Calorific value kj	1561 kj
Calorific value kj	1550 kj
Calorific value kcal	373 kcal
Calorific value kcal	370 kcal
Fat	5.4 g
Of which saturated fatty acids	1.4 g
Of which saturated fatty acids	0.9 g
Carbohydrates	67.1 g
Carbohydrates	67 g
Of which sugar	26.3 g
Of which sugar	25 g
Fibers	9.5 g
Fibers	8.7 g
Protein	9.3 g
Protein	9.1 g
Salt	0.18 g
Salt	0.17 g

## Allergene

Gluten-containing cereal	Ja
Chicken egg	Nein
Peanuts	Nein
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Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Ja
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Ja