

Sesame butter (Tahin) organic 100% sesame

Designation: sesame mush

Description: Organic tahini is made from unpeeled, lightly roasted and ground sesame seeds. The finely nutty-tasting paste is also known as tahina. Its sesame oil can settle on the surface during storage. For the usual creamy consistency, simply stir and enjoy. Tahini tastes great on its own on bread or combined with sweet honey or jam. It originates from Arabic cuisine and adds an oriental flavour to stir-fried vegetables, soups, sauces and dressings. It is also an important ingredient in hummus, an oriental chickpea puree that is now also very popular in many other parts of the world. Where else can tahini be used? Refine your baked goods such as pancakes and biscuits with a little sesame paste and look forward to a new flavour experience.

Preparation: The sesame seeds taste good as a spread on bread, in muesli, desserts, cakes and pastries. It also refines dips, sauces and vegetable dishes.

Ingridients: sesame seed*

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: No
Plastic-free: No
Organic: Yes
Value Pack: No

ECO Control Point: NL-BIO-01

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

| | |
|--------------------------------|----------|
| Calorific value kj | 2754 kj |
| Calorific value kcal | 658 kcal |
| Fat | 58 g |
| Of which saturated fatty acids | 8.4 g |
| Carbohydrates | 4.1 g |
| Of which sugar | 0.7 g |
| Fibers | 7.9 g |
| Protein | 26 g |

Allergene

| | |
|--------------------------|------|
| Gluten-containing cereal | Nein |
| Chicken egg | Nein |
| Peanuts | Nein |
| Milk | Nein |

Example Company

| | |
|-----------------------------|------|
| Celery | Nein |
| Sesame seeds | Nein |
| Lupines | Nein |
| Crustaceans | Nein |
| Fish | Nein |
| Soy | Nein |
| Nuts | Nein |
| Mustard | Nein |
| Sulfur dioxide and sulphite | Nein |
| Molluscs | Nein |
| Cashews | Nein |
| Spelt | Nein |
| Barley | Nein |
| Oat | Nein |
| Hybrid Strains | Nein |
| Kamut | Nein |
| Macadamia | Nein |
| Almonds | Nein |
| Brazil Nuts | Nein |
| Pecans | Nein |
| Pistachios | Nein |
| Rye | Nein |
| Hazelnuts | Nein |
| Sesame | Ja |
| Sesame | Nein |
| Sesame | Ja |
| Sesame | Nein |

| | |
|---------|------|
| Sesame | Ja |
| Sesame | Nein |
| Sesame | Ja |
| Walnuts | Nein |
| Wheat | Nein |