

# Peanut butter with pieces

**Designation:** peanut butter with pieces

**Description:** Lightly salted organic peanut butter with that certain bite. The gentle roasting of selected peanut varieties ensures an intense, full flavour and a special consistency. The small peanut pieces provide that extra bite. The peanut butter not only tastes great as a spread, but also as a base for baked goods such as banana bread and savoury dishes such as dips, sauces and vegetable dishes. The nut's own oil can settle on the surface. Stirring gives it a creamy consistency again.

**Preparation:** The flavoursome peanut butter tastes great as a spread or in combination with jam, marmalade or honey. It also adds a special flavour to dips, sauces and vegetable dishes.

**Ingredients:** peanut kernels roasted\* 99%, salt

\* from controlled organic cultivation

**Raw food:** No

**Fairtrade:** No

**Gluten-free:** No

**Vegan:** Yes

**Superfood:** No

**Naturally gluten-free:** Yes

**Plastic-free:** No

**Organic:** Yes

**Value Pack:** No

**ECO Control Point:** DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2489 kj
Calorific value kj	2653 kj
Calorific value kj	2653 kj
Calorific value kcal	595 kcal
Calorific value kcal	634 kcal
Calorific value kcal	634 kcal
Fat	46 g
Fat	52 g
Fat	52 g
Of which saturated fatty acids	8.1 g
Of which saturated fatty acids	9.2 g
Of which saturated fatty acids	9.2 g
Carbohydrates	12 g
Carbohydrates	9.1 g
Carbohydrates	9.1 g
Of which sugar	5.8 g
Of which sugar	3.8 g
Of which sugar	3.8 g
Fibers	8.4 g
Fibers	6.9 g
Fibers	6.9 g
Protein	29 g
Salt	1 g
Salt	0.81 g

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## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Ja
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts Example Company	Nein

Sesame	Nein
Walnuts	Nein
Wheat	Nein