

Crunchy spelt with cranberries

Designation: roasted muesli with cranberries

Description: A colourful crunchy made with baked spelt flakes, honey coated puffed spelt, dark green European pumpkin seeds, crunchy apple pieces and sour-sweet red cranberries. Made without oats, wheat and palm oil. It is an excellent choice to eat with milk, yoghurt or a plant-based alternative. It is rich in fibre and a wonderful base for your personal muesli and dessert creations. Also delicious as a topping on fresh fruit.

Ingredients: crunchy spelt* 71% (**spelt flakes* 75%**, cane sugar*, rape seed oil*, **barley malt extract***), sultanas* (sultanas* 99, 5%, sunflower oil*), pumpkin seeds*, **spelt puffed* 6% (spelt puffed* 70%**, honey* 30%), cranberries* 3% (cranberries* 60%, cane sugar*, sunflower oil*), apple dices*

* from controlled organic cultivation

Raw food: No

Fairtrade: No

Gluten-free: No

Vegan: No

Superfood: No

Naturally gluten-free: No

No palm oil: Yes

Plastic-free: No

Organic: Yes

Recipe change: Yes

Colli/Multi package: We trade this item in various packaging units. The current packaging size is 6kg. Please refer to the order confirmation for the final packaging unit.

Value Pack: No

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1564 kj
Calorific value kj	1567 kj
Calorific value kj	3 kj
Calorific value kcal	374 kcal
Calorific value kcal	375 kcal
Calorific value kcal	1 kcal
Fat	7.1 g
Fat	7.2 g
Of which saturated fatty acids	0.9 g
Carbohydrates	64.7 g
Carbohydrates	0.2 g
Of which sugar	27.7 g
Of which sugar	0.1 g
Fibers	6.3 g
Protein	9.6 g
Salt	0.012 g
Salt	0.019 g

Allergene

Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja

Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Ja
Spelt	Nein
Spelt	Ja
Spelt	Nein
Spelt	Ja
Spelt	Nein
Spelt	Ja
Spelt	Nein
Spelt	Ja
Barley	Ja
Barley	Nein

Barley	Ja
Barley	Nein
Barley	Ja
Barley	Nein
Barley	Ja
Barley	Nein
Barley	Ja
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein