

Coconut oil virgin organic

Designation: coconut oil

Description: This virgin coconut oil is cold-pressed from the fully ripe fruit flesh. This preserves valuable ingredients and the fine coconut flavor particularly well. It can be heated to a high temperature but is also an ideal alternative as a spread.

Preparation: In a screw-top glass! Exotic, fine-nutty and mild in taste. Use our virgin coconut oil in the kitchen for cooking, frying and deep-frying or as a baking ingredient instead of butter. Due to its natural composition with a high proportion of medium-chain fatty acids, it is durable and heat-stable.

Ingridients: coconut oil*

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: No
Plastic-free: No
Organic: Yes
Value Pack: No

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

| | |
|--------------------------------|----------|
| Calorific value kj | 3762 kj |
| Calorific value kcal | 899 kcal |
| Fat | 99.9 g |
| Of which saturated fatty acids | 93.2 g |

Allergene

| | |
|--------------------------|------|
| Gluten-containing cereal | Nein |
| Chicken egg | Nein |
| Peanuts | Nein |
| Milk | Nein |
| Celery | Nein |
| Sesame seeds | Nein |
| Lupines | Nein |
| Crustaceans | Nein |
| Fish | Nein |

Example Company

| | |
|-----------------------------|------|
| Soy | Nein |
| Nuts | Nein |
| Mustard | Nein |
| Sulfur dioxide and sulphite | Nein |
| Molluscs | Nein |
| Cashews | Nein |
| Spelt | Nein |
| Barley | Nein |
| Oat | Nein |
| Hybrid Strains | Nein |
| Kamut | Nein |
| Macadamia | Nein |
| Almonds | Nein |
| Brazil Nuts | Nein |
| Pecans | Nein |
| Pistachios | Nein |
| Rye | Nein |
| Hazelnuts | Nein |
| Sesame | Nein |
| Walnuts | Nein |
| Wheat | Nein |