

Extra virgin olive oil bio 5l

Bird-friendly harvest (no super-intensive night-time harvesting methods for olives are used), partially hand-picked. Produced from the ripe drupes of *Olea europaea* L. by cold pressing or other suitable mechanical processes. Olive oil is an essential part of Mediterranean cuisine and is ideal for salad dressings and antipasti, cooking, braising, stewing and gentle frying up to 180 degrees.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	3449 kj
Calorific value kcal	824 kcal
Fat	91.6 g
Of which saturated fatty acids	13.7 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein

Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein