

Crunchy and Fruit Mix Organic

This versatile blend combines fine dried fruit with crunchy nut kernels. Fruity grapes, the caramel like flavour of mulberries and crunchy banana chips meet fine nut kernels, such as cashews, almonds and pistachios. Experience a different flavour combination with every bite. This blend provides new energy and enjoyment, whether you're at home or out and about, alone or with friends.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1979 kj
Calorific value kj	1989 kj
Calorific value kj	1896 kj
Calorific value kj	1987 kj
Calorific value kcal	473 kcal
Calorific value kcal	476 kcal
Calorific value kcal	453 kcal
Calorific value kcal	475 kcal
Fat	25.5 g
Fat	26.3 g
Fat	21.6 g
Fat	25.9 g
Of which saturated fatty acids	6.2 g
Of which saturated fatty acids	5.8 g
Of which saturated fatty acids	4.6 g
Of which saturated fatty acids	5.4 g
Carbohydrates	49.1 g
Carbohydrates	47.2 g
Carbohydrates	52.4 g

Carbohydrates	46.7 g
Of which sugar	35.3 g
Of which sugar	34.8 g
Of which sugar	36.3 g
Of which sugar	28.8 g
Fibers	5.3 g
Fibers	6.2 g
Fibers	5.2 g
Fibers	5.1 g
Protein	9.1 g
Protein	9.4 g
Protein	9.7 g
Protein	11.2 g
Salt	0.016 g
Salt	0.014 g
Salt	0.018 g
Salt	0.022 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Mustard	Nein

Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja

Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Ja
Pistachios	Nein
Pistachios	Ja
Pistachios	Nein
Pistachios	Ja
Pistachios	Nein
Horst Bode Import-Export GmbH Pistachios US-Id.Nr.: DE154233667	Ja

Pistachios	Nein
Pistachios	Ja
Pistachios	Nein
Pistachios	Ja
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein