

Better Crunchy - Oats & Date Sweetness organic

Why is this crunchy not just good, but better? The crispy baked flakes convince with the natural sweetness of [dried dates](#) - free from refined sugar. Baked without palm oil, rounded off with [exotic coconut](#). A crunchy breakfast delight for all conscious connoisseurs. It tastes pure, in yogurt, milk, plant-based alternatives or juice, as well as refined with fruits. For a crunchy start to the day and also for in between. Here you will find date-sweetened enjoyment with [aromatic red fruits](#) or [crunchy nuts](#).

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1879 kj
Calorific value kcal	449 kcal
Fat	21 g
Of which saturated fatty acids	8.6 g
Carbohydrates	51 g
Of which sugar	15 g
Fibers	9.6 g
Protein	9.2 g
Salt	0.2 g

Allergene

Gluten-containing cereal	Ja
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein

Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Ja
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein