

Organic golden yellow flaxseed

Organically grown flaxseed in Europe, with oval, flat, golden yellow seeds and a slightly shiny surface. They have a slightly nutty taste, a high fibre content and are a source of protein. Flaxseeds are an essential ingredient for a variety of bread and roll specialities, muesli, smoothies, as a topping for muesli and salads, and for all creations that need an extra portion of fibre. You can also find [organic brown flaxseed](#) in our shop.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2151 kj
Calorific value kj	2142 kj
Calorific value kcal	514 kcal
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Fat	42.2 g
Fat	42 g
Of which saturated fatty acids	3.7 g
Carbohydrates	1.6 g
Carbohydrates	2 g
Of which sugar	1.6 g
Fibers	27.3 g
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Protein	18.3 g
Protein	18 g
Salt	0.075 g
Salt	0.08 g

Allergene

Horst Bode Import-Export GmbH
UST-IdNr.: DE154233667

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Horst Bode Import-Export GmbH Pistachios <small>US-Id.Nr.: DE154233667</small>	Nein

Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein