

Organic black sesame seeds unpeeled

These flat, oval, black sesame seeds are unpeeled and dried. They have a nutty, slightly bitter taste. Rich in fibre and a source of protein, these seeds are perfect for sweet and savoury baked goods, salads, sauces, Asian cuisine, and much more.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2461 kj
Calorific value kcal	588 kcal
Fat	49.7 g
Of which saturated fatty acids	7 g
Carbohydrates	11.6 g
Of which sugar	0.3 g
Fibers	11.8 g
Protein	17.7 g
Salt	0.004 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein

Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Ja
Walnuts	Nein
Wheat	Nein