

# Dried goji berries (small) organic China

These coral-red goji berries, also known as buckthorn berries, have a fruity, slightly tart and mildly sweet flavour with a firm, dry consistency. These small, intensely red power berries are a true superfood, rich in fibre. They have been traditionally grown in China for centuries and are perfect for adding to mueslis, as a topping, in mixes, for baking, and for cooking, giving a unique visual and flavourful touch to oriental rice dishes and curries.

[Zum Produkt](#)

## Nährwerte

### Unzubereitet pro 100 g

Calorific value kj	1436 kj
Calorific value kcal	343 kcal
Fat	0.4 g
Carbohydrates	64.1 g
Of which sugar	45.6 g
Fibers	13 g
Protein	14.3 g
Salt	0.745 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein

Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein