

# Fruit bar blueberry organic

**Designation:** fruit bar blueberry gluten-free

**Description:** Premium fruit bar with dried blueberries based on dates and almonds. A deliciously berry snack that can take on anything: cycling, hiking, a stressful day at the office and a visit to the children's playground.

**Ingridients:** almonds\*, dates\*, blueberries\* 13, 5% ( blueberries\*, apple syrup\*, sunflower oil\*), rice flour\*, blueberry juice concentrate\* agave syrup\*

\* from controlled organic cultivation

**Raw food:** No  
**Fairtrade:** No  
**Gluten-free:** Yes  
**Vegan:** Yes  
**Superfood:** No  
**Naturally gluten-free:** No  
**Plastic-free:** No  
**Organic:** Yes  
**Colli/Multi package:** We trade this item in various packaging units. The current packaging size is 0.75kg. Please refer to the order confirmation for the final packaging unit.  
**Value Pack:** No

**ECO Control Point:** DE-ÖKO-005

[Zum Produkt](#)

## Nährwerte

**Unzubereitet pro 100 g**

Calorific value kj	1769 kj
Calorific value kcal	423 kcal
Fat	21 g
Of which saturated fatty acids	1.8 g
Carbohydrates	44 g
Of which sugar	38 g
Fibers	8.9 g
Protein	10 g
Salt	0.02 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein

Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Ja
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein