

Pasta penne spelt wholemeal organic

Designation: Pasta from whole spelt semolina

Description: Original Italian pasta. Only Italian wholemeal spelt from controlled organic cultivation is used for the pasta. Pure pleasure!

Preparation: Let plenty of water boil, add salt and pasta and cook for ca. 9-10 minutes.

Ingridients: whole spelt semolina*

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: No
Plastic-free: Yes
Organic: Yes
Colli/Multi package: We trade this item in various packaging units. The current packaging size is 10kg. Please refer to the order confirmation for the final packaging unit.
Value Pack: No

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1460 kj
Calorific value kcal	349 kcal
Fat	2.5 g
Of which saturated fatty acids	0.4 g
Carbohydrates	65 g
Of which sugar	1.6 g
Fibers	7.2 g
Protein	13 g
Salt	0.03 g

Allergene

Gluten-containing cereal	Ja
Chicken egg	Nein
Peanuts	Nein
Milk	Nein

Example Company

Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Ja
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein