

Organic hazelnut kernels 11-13mm

The hazelnut kernels have a diameter of approx. 11 to 13 mm. They are light to medium brown, firm and crunchy. The kernels have an excellent nutty flavour and are high in fibre. They are suitable for cooking and baking, for muesli, for snacking and for mixtures as well as for desserts.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2739 kj
Calorific value kcal	655 kcal
Fat	60.8 g
Of which saturated fatty acids	4.5 g
Carbohydrates	7 g
Of which sugar	4.3 g
Fibers	9.7 g
Protein	15 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Mustard	Nein
Sulfur dioxide and sulphite	Nein

Example Company

Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Ja
Sesame	Nein
Walnuts	Nein
Wheat	Nein