# Organic chopped almonds

We only use European almonds! They have a distinctly nuttier and more aromatic flavour compared to overseas almonds. The almond kernels are ivory-coloured, blanched and chopped. The brown skin has been carefully removed using steam. The pieces are approximately 2 to 6 mm in size. They are crisp and firm to the bite. Almonds are a great source of fibre and protein. They are perfect for snacking, baking, cooking, as well as for mixes, toppings, and desserts.

#### Zum Produkt

#### Nährwerte

### Unzubereitet pro 100 g

onizabel ellet plo 200 g	
Calorific value kj	2564 kj
Calorific value kcal	613 kcal
Fat	52.5 g
Of which saturated fatty acids	4 g
Carbohydrates	8.7 g
Of which sugar	4.6 g
Fibers	9.9 g
Protein	21.4 g
Salt	0.047 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
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Fish	Nein
Soy	Nein
Nuts	Ja
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Ja
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein