

# Large organic cashew pieces

The cashew pieces are mainly ivory to beige in colour and consist of kernels that have been broken into more than two pieces and are larger than 4.75 mm. They include, for example, the grades LWP (large white pieces), LP (large pieces), SP (scorched pieces), and P1. They are a source of protein. The mildly nutty kernels are perfect for snacking, cooking, and baking, for exotic cuisine, as an ingredient for salads, sauces, desserts, or muesli. Deviations in size are possible; please ask your responsible salesperson about the currently available sizes and grades. You can also find small organic cashew pieces, organic cashew halves, and organic cashew kernels of different sizes in our shop.

[Zum Produkt](#)

## Nährwerte

### Unzubereitet pro 100 g

Calorific value kj	2435 kj
Calorific value kcal	582 kcal
Fat	44 g
Of which saturated fatty acids	8 g
Carbohydrates	27 g
Of which sugar	6 g
Fibers	3 g
Protein	18 g
Salt	0.003 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja

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Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Ja
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein