

Organic Green Pistachio Kernels

Green, blanched organic pistachio kernels are a visual and culinary delight. The kernels are intensely yellow-green to green and have the slightly sweet and intensely nutty flavor that is so typical of pistazien. Pistachios are a source of protein and rich in fiber. Due to their unique aroma, they are suitable raw or lightly roasted as an ingredient or decoration for fine cakes, tortes, cookies, and desserts. But they are also a wonderful addition to savory dishes of the Oriental cuisine. Fancy a recipe for a very special nut butter? 100 g roasted pistachios puree with a hand blender in 200g [white organic almond butter](#). Season with a pinch of salt to taste and enjoy.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2410 kj
Calorific value kcal	576 kcal
Fat	45.3 g
Of which saturated fatty acids	5.9 g
Carbohydrates	16.6 g
Of which sugar	7.7 g
Fibers	10.6 g
Protein	20.2 g
Salt	0.003 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja

Example Company

Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Ja
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein