

Peanut kernels blanched unroasted

Designation: peanut kernels blanched

Description: Our blanched, unroasted organic peanut kernels are ivory coloured with a smooth surface and a crunchy bite. Due to the manufacturing process, they also contain peanut kernel halves. The small kernels are high in fibre and a valuable source of protein. The absence of a skin makes them particularly easy to process. When lightly roasted, their delicate flavour is intensified. Roasted, they enhance baked goods and desserts and are a great addition to many Asian dishes, not just vegan and vegetarian cuisine. Did you know that the peanut is not actually a nut? Botanically it belongs to the legume family, along with peas and beans. However, due to its nutrient density and application, it is often seen and used as a nut.

Preparation: Lightly roasted and finely ground or with a crunch, they delight us as peanut butter or butter on our breakfast bread. They are also an ideal ingredient for baked goods, fillings, desserts, dressings, sauces and give Asian dishes their unmistakable, authentic flavour.

Ingridients: peanut kernels blanched raw

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: No
Plastic-free: No
Organic: Yes
Colli/Multi package: We trade this item in various packaging units. The current packaging size is 25kg. Please refer to the order confirmation for the final packaging unit.
Value Pack: No

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2483 kj
Calorific value kcal	593 kcal
Fat	49.2 g
Of which saturated fatty acids	6.3 g
Carbohydrates	7.6 g
Of which sugar	4.7 g
Fibers	8.5 g
Protein	25.8 g
Salt	0.05 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein

Peanuts	Ja
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein

Wheat

Nein