Organic light amber walnut pieces Europe

Amber-coloured, firm and crunchy walnut kernel pieces of the light amber type from Europe. Walnut kernels have a mild, slightly bitter and slightly sweet nutty flavour. They are rich in fibre. The kernels are ideal as an ingredient for baking and cooking, as an addition to salads and muesli or as a decoration for pastries and desserts, as well as a crunchy snack.

Zum Produkt

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2883 kj
Calorific value kcal	689 kcal
Fat	65.2 g
Of which saturated fatty acids	6.1 g
Carbohydrates	7 g
Of which sugar	2.6 g
Fibers	6.7 g
Protein	15.2 g
Salt	0.01 g

Allergene

Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Ja
Wheat	Nein