

Blanched hazelnut kernels organic

Organic blanched hazelnut kernels without skin. The ivory-colored kernels are firm and crunchy. They have a mild, nutty flavor and are a fiber-rich snack. They are suitable for cooking and baking, for muesli, for snacking and mixing. Finely roasted, they are an aromatic ingredient for the production of finest nut pastes and plant-based drinks as well as for desserts. Organic hazelnut kernels with skin can be found in various sizes in our shop: [Organic Hazelnut Kernels 11-13mm](#) or [Organic Hazelnut Kernels 13 - 15 mm](#).

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2726 kj
Calorific value kcal	652 kcal
Fat	61.2 g
Of which saturated fatty acids	4.7 g
Carbohydrates	6 g
Of which sugar	3.5 g
Fibers	11 g
Protein	13.7 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Mustard	Nein

Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Ja
Sesame	Nein
Walnuts	Nein
Wheat	Nein