

Pitted plums 40/50/60er organic

These whole, dried, soft plums have a dark brown to black skin. 40 to 60 of them weigh approximately 500g (fresh). They are a fruity, sweet, fibre-rich snack and perfect for cooking and baking.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1061 kj
Calorific value kcal	254 kcal
Fat	0.4 g
Of which saturated fatty acids	0.1 g
Carbohydrates	57 g
Of which sugar	38 g
Fibers	7 g
Protein	2 g
Salt	0.00508 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein

Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein