

Dried, pitted sour cherries organic

Our dried, pitted sour cherries are deep dark red to black, firm to the bite, and have a delightfully tangy-fruity flavour. These aromatic fruits make for a fibre-rich snack, add a zesty note to mixes, and can be used in a variety of baked goods, muesli bars, and pralines. In [mueslis](#) and savoury dishes like salads, they set new, interesting accents and turn the familiar into a new taste experience.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1371 kj
Calorific value kcal	328 kcal
Fat	0.3 g
Of which saturated fatty acids	0.1 g
Carbohydrates	77.5 g
Of which sugar	67 g
Fibers	2.5 g
Protein	2.5 g
Salt	0.03 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein

Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein