

Organic apple rings

Soft, dried apple rings from organic farming in Europe. The rings have a golden yellow to light brown colour. Their taste is typically fruity and varies depending on the apple variety used, from rather sweet to sweet-and-sour. These apple rings are a fibre-rich, natural snack and thus an ideal treat for in between meals. Enjoy this delicacy pure, in mixtures or cut into small pieces in muesli, porridge and as an ingredient for energy bars and balls. Also suitable as an ingredient for cake and muffin doughs, best rounded off with a generous pinch of [Ceylon cinnamon](#). Prefer a ready-mixed apple-cinnamon breakfast delight? [Click here](#).

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1500 kj
Calorific value kcal	358 kcal
Fat	0.8 g
Of which saturated fatty acids	0.3 g
Carbohydrates	80.2 g
Of which sugar	69.6 g
Fibers	10.8 g
Protein	2.2 g
Salt	0.03 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein

Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein