

Light Mulberries Organic

Whole sun-dried mulberries. The beige berries are mostly firm in consistency and have a distinctive, sweet taste reminiscent of honey and caramel. They are a source of fibre and are perfect as a pure snack and natural sweet energy supplier, for [mixes](#) as well as for cooking and baking. Did you know that you can also sweeten your favourite tea naturally with these fine berries? Simply brew tea and mulberries together, let it steep and enjoy a moment of indulgence on the sofa.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1495 kj
Calorific value kcal	357 kcal
Fat	2.7 g
Of which saturated fatty acids	0.9 g
Carbohydrates	77.4 g
Of which sugar	69.8 g
Fibers	5.5 g
Protein	3.1 g
Salt	0.003 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein

Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein