

Quinestrone carrot/leek

Designation: mixture for quinoa vegetable stew

Description: Eine leckere Grundlage für eine feine Suppe oder einen bunten Gemüseeintopf mit Quinoa und Linsen.

Preparation: Simmer 250 g Quinestrone mixture in 800 ml salted water or vegetable stock for approx. 15 min. Then serve as a garnish, soup or topping in freshly prepared pan-fried dishes.

Ingredients: quinoa white* 38%, millet*, lentils rot*, quinoa red* 13%, carrot granulate* 3%, leeks* 0, 4%, Parsley dried rubbed*

* from controlled organic cultivation

Raw food: No

Fairtrade: No

Gluten-free: No

Vegan: Yes

Superfood: No

Naturally gluten-free: No

Plastic-free: No

Organic: Yes

Colli/Multi package: We trade this item in various packaging units. The current packaging size is 1kg. Please refer to the order confirmation for the final packaging unit.

Value Pack: No

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1484 kj
Calorific value kj	1490 kj
Calorific value kj	1480 kj
Calorific value kcal	355 kcal
Calorific value kcal	356 kcal
Calorific value kcal	354 kcal
Fat	4.5 g
Fat	4.6 g
Fat	4.5 g
Of which saturated fatty acids	0.6 g
Carbohydrates	61.5 g
Carbohydrates	61.8 g
Carbohydrates	61.6 g
Of which sugar	3.3 g
Of which sugar	3 g
Of which sugar	2.9 g
Fibers	7.7 g
Fibers	7.4 g
Protein	13.2 g
Protein	13 g
Salt	0.046 g
Salt	0.041 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein

Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein

Wheat

Nein