

Organic Baking Spelt 3% Bio Bioland

Bread roll baking mix based on spelt. Add about 3 to 4% to the total flour.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1556 kj
Calorific value kcal	372 kcal
Fat	6.1 g
Of which saturated fatty acids	3.4 g
Carbohydrates	56.8 g
Of which sugar	27.4 g
Fibers	14.1 g
Protein	15.4 g
Salt	0.04 g

Allergene

Gluten-containing cereal	Ja
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Ja
Crustaceans	Nein
Fish	Nein

Horst Bode Import-Export GmbH
UST-IdNr.: DE154233667

Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Ja
Barley	Ja
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein