

Rubbed Oregano 2-10mm, organic

The rubbed oregano pieces are approximately 2 to 10 mm in length and are of a brownish-green colour. Rubbed oregano has a flavour that is both pungent and peppery sharp, with a slightly bitter aroma. Its robust aroma makes oregano a popular choice as a sole seasoning, and it is an essential ingredient in dishes such as pasta and pizza.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1526 kj
Calorific value kcal	365 kcal
Fat	10.3 g
Of which saturated fatty acids	1.9 g
Carbohydrates	49.5 g
Of which sugar	9.4 g
Fibers	15 g
Protein	11 g
Salt	0.04 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein

Mustard
Horst Bode Import-Export GmbH
USt-IdNr.: DE154233667

Nein

Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein