

# Organic rubbed thyme

The rubbed and dried thyme has a grey-green colour and a strongly aromatic scent. Its herb-aromatic taste and a slightly bitter, earthy-smoky note make it an indispensable spice in every kitchen. After careful harvesting and drying, the small leaves are removed from the plant stem to guarantee the highest quality. Organic thyme is a versatile spice used in many different kitchen styles. It is a proven component of Mediterranean cuisine and gives fish, meat, pasta, and potato dishes a special depth. Thyme goes particularly well with sauces, tomato, and mushroom dishes and is often combined with other popular Mediterranean spices such as basil, oregano, and rosemary.

[Zum Produkt](#)

## Nährwerte

### Unzubereitet pro 100 g

Calorific value kj	1345 kj
Calorific value kcal	321 kcal
Fat	7.4 g
Of which saturated fatty acids	3.7 g
Carbohydrates	45.3 g
Of which sugar	44.9 g
Fibers	18.6 g
Protein	9.1 g
Salt	0.1397 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein

Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein