

Nettle leaves, cut organic

Designation: nettle leaves cut

Description: Stinging nettle is a popular herb that has been used to make tea for many generations. Infusing the fine nettle leaves produces a tea with a mild, earthy and slightly sweet flavour. Nettle leaf tea can be drunk hot or cold.

Preparation: Pour ¼ L boiling water on a heaped tablespoon of nettle leaves and then leave to infuse for min. 10 min. This is the only way to obtain a safe food.

Ingridients: nettle dried*

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: No
Plastic-free: No
Organic: Yes
Colli/Multi package: We trade this item in various packaging units. The current packaging size is 9kg. Please refer to the order confirmation for the final packaging unit.
Value Pack: No

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1230 kj
Calorific value kcal	294 kcal
Fat	3.9 g
Of which saturated fatty acids	0.6 g
Carbohydrates	7.9 g
Of which sugar	5.1 g
Fibers	19.8 g
Protein	46.9 g
Salt	1.08 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein

Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein