

# Organic Cut Nettle Leaves (Tea)

Nettle is a popular herb that has been used for generations to make tea. By infusing the fine nettle leaves, a tea is created that stands out with its mild, earthy, and slightly sweet taste. Nettle leaf tea can be enjoyed hot or cold. Be sure to also check out our other herbal teas such as [Camomile](#), [Rose Hip](#) or [Peppermint tea](#).

[Zum Produkt](#)

## Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1230 kj
Calorific value kcal	294 kcal
Fat	3.9 g
Of which saturated fatty acids	0.6 g
Carbohydrates	7.9 g
Of which sugar	5.1 g
Fibers	19.8 g
Protein	46.9 g
Salt	1.08 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein

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Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein