

Fruit bar cashew-dates raw

Designation: cashew date fruit bar gluten-free

Description: A delicious fruit and nut bar made from just 2 ingredients: creamy, mild cashews combined with the sweetness of dates. A vegan treat that replenishes your energy reserves. For every day, at home and on the go.

Ingridients: dates* 60%, **cashew kernels* 40%**

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: No
Plastic-free: No
Organic: Yes
Recipe change: Yes
Value Pack: No

ECO Control Point: DE-ÖKO-005

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1831 kj
Calorific value kcal	438 kcal
Fat	20 g
Of which saturated fatty acids	3.5 g
Carbohydrates	53 g
Of which sugar	47 g
Fibers	5.4 g
Protein	8.7 g
Salt	0.02 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein

Example Company

Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Ja
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein