

ginger milled - ginger powder organic

Dried and ground ginger. The yellowish-white powder has a distinctive, deliciously aromatic flavour: fruity-spicy with a hint of lemon. Ground ginger is an excellent addition to both sweet and savoury dishes. It adds a refined touch to sweet treats like fruit salads, rice pudding, desserts, jams, and cakes, and is a key ingredient in many popular [Christmas spices](#). It also adds the perfect finishing touch to soups, sauces, marinades, fish, meat, seafood, mushrooms, vegetables, and chutneys.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1389 kj
Calorific value kcal	332 kcal
Fat	4.2 g
Of which saturated fatty acids	2.6 g
Carbohydrates	57.5 g
Of which sugar	3.4 g
Fibers	14.1 g
Protein	9 g
Salt	0.068 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein

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Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein