

Organic whole milk thistle seeds

The light brown seeds have a dark marbling, are drop-shaped, elongated and straight to slightly curved. They have a slightly nutty flavour. Ideal for making milk thistle oil.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1675 kj
Calorific value kcal	400 kcal
Fat	26.9 g
Of which saturated fatty acids	5.4 g
Carbohydrates	1 g
Of which sugar	1 g
Fibers	44.5 g
Protein	16.3 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein

Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein