

Roasted unpeeled organic sesame seeds

Mature sesame seeds, unpeeled and roasted. The seeds are flat, have a light brown to brown colour and taste nutty-aromatic. The oilseed is rich in fibre and a source of protein. Sesame is ideal for sweet and savoury baked goods, salads, sauces, Asian cuisine and much more.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2405 kj
Calorific value kcal	575 kcal
Fat	48 g
Of which saturated fatty acids	6.7 g
Carbohydrates	11.7 g
Fibers	14 g
Protein	17 g
Salt	0.028 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein

Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Ja
Sesame	Nein
Sesame	Ja
Sesame	Nein
Sesame	Ja
Sesame	Nein
Horst Bode Import-Export GmbH Sesame US-EIN: DE154233667	Ja

Sesame	Nein
Sesame	Ja
Walnuts	Nein
Wheat	Nein