

Organic Chickpeas Marschland, Net Weight: 2.6kg, Drained Weight 1,5kg

Ready-to-eat chickpeas, prepared with a sweet and sour marinade and sterilized in an airtight container for long-lasting freshness. Perfect for quick meals, as a side dish, in soups, hummus, salads, curries and much more.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	411 kj
Calorific value kj	591 kj
Calorific value kcal	98 kcal
Calorific value kcal	141 kcal
Fat	1.8 g
Fat	2.1 g
Of which saturated fatty acids	0.3 g
Carbohydrates	15 g
Carbohydrates	25.1 g
Of which sugar	3.5 g
Protein	5.5 g
Salt	1.3 g
Salt	0.05 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein

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Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
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Wheat

Nein