

Crunchy Choco (Oats, Rice) bio

Sometimes, you just need chocolate, even for breakfast. With our crunchy Crunchy Choco, you're making the right choice on those days. Crunchy roasted oat flakes, crispy rice crispies, dark chocolate, and an extra pinch of cocoa powder make waking up in the morning easy. Cornflakes and banana chips create a golden sunrise, and together with finely roasted coconut chips, they bring a hint of the Caribbean into your bowl. Ideal for breakfast and snacks, pure or as a topping, perfect with milk, yoghurt, or a plant-based alternative. No cookies in the house? This mixture also tastes great as a snack with your afternoon coffee.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1996 kj
Calorific value kcal	477 kcal
Fat	21.1 g
Of which saturated fatty acids	9.1 g
Carbohydrates	59.7 g
Of which sugar	19.5 g
Fibers	8 g
Protein	8.1 g
Salt	0.016 g

Allergene

Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja

Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Ja
Barley	Nein
Barley	Ja
Barley	Nein
Barley	Ja
Barley	Nein
Barley	Ja
Horst Bode Import-Export GmbH Barley USt-IdNr.: DE154233667	Nein

Barley	Ja
Oat	Ja
Oat	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein