

Muesli Low Carb Protein plus organic

This sporty muesli boasts a reduced carbohydrate content of only 12% and a high protein content of nearly 30%. A harmonious blend of soy flakes, [baked muesli](#), [crunchy seeds](#), rounded off with fruity [apple](#) and [raspberry pieces](#). For breakfast or as a snack in milk, yogurt or [plant-based alternative](#). Also ideal for making energy balls and muesli bars for the snack on the go.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1920 kj
Calorific value kj	1919 kj
Calorific value kj	1918 kj
Calorific value kcal	459 kcal
Calorific value kcal	458 kcal
Fat	27.2 g
Of which saturated fatty acids	3.6 g
Of which saturated fatty acids	3.5 g
Carbohydrates	18.6 g
Of which sugar	8.1 g
Of which sugar	7.9 g
Fibers	12.4 g
Fibers	12.3 g
Fibers	12.2 g
Protein	28.7 g
Salt	0.034 g
Salt	0.033 g

Allergene

Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
Gluten-containing cereal	Ja
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Ja
Soy	Nein
Soy	Ja
Soy	Nein
Soy	Ja
Soy	Nein

Soy	Ja
Soy	Nein
Soy	Ja
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Oat	Nein
Horst Bode Import-Export GmbH UST-IDNr.: DE154233667	Ja

Oat	Nein
Oat	Ja
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Ja
Sesame	Nein
Sesame	Ja
Sesame	Nein
Sesame	Ja
Horst Bode Import-Export GmbH Sesame US-EIN: DE154233667	Nein

Sesame	Ja
Sesame	Nein
Sesame	Ja
Walnuts	Nein
Wheat	Ja
Wheat	Nein
Wheat	Ja
Wheat	Nein
Wheat	Ja
Wheat	Nein
Wheat	Ja
Wheat	Nein
Wheat	Ja