

Berries Bio Muesli

The muesli for the morning's big and small berry cravings! Lovers of raspberries, strawberries, and specialties like mulberries and barberries will find just what they're looking for here. The fruity mixture of a delicious berry mix, flakes, and oilseeds, rounded off with tangy sour cherry pieces, makes for a varied breakfast enjoyment. Enjoy with milk, yogurt, or a plant-based alternative, or use as an ingredient for energy bars and other baked creations.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1594 kj
Calorific value kj	1592 kj
Calorific value kcal	381 kcal
Fat	10.1 g
Of which saturated fatty acids	1.2 g
Carbohydrates	55.1 g
Carbohydrates	55 g
Of which sugar	9.5 g
Fibers	11.2 g
Protein	11.8 g
Salt	0.011 g

Allergene

Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
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Gluten-containing cereal	Nein
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Gluten-containing cereal	Nein
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Gluten-containing cereal	Ja
Gluten-containing cereal	Nein
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Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Ja
Oat	Nein
Oat	Ja
Horst Bode Import-Export GmbH Oat USt-ID-Nr.: DE154233667	Nein

Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein