

Peanut kernels (blanched, roasted & salted) organic 2x5kg Bananeira

Roasted and salted peanut kernels are a popular snack and source of protein. They are perfect for a quick snack, but also for cooking exotic dishes, as an ingredient in salads and sauces, or as a surprising salty component in trail mix. Packaged in a reusable bucket.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2563 kj
Calorific value kcal	613 kcal
Fat	52.9 g
Of which saturated fatty acids	7.7 g
Carbohydrates	8.3 g
Of which sugar	4.9 g
Protein	25.8 g
Salt	1.4 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Ja
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein

Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein