

Organic Whole Black Pepper 5kg

Black pepper is undoubtedly the most well-known of the many varieties of pepper. The green, unripe berries are picked and fermented in the sun until they turn black, developing their distinctive flavour and heat. It is an indispensable ingredient in our daily cooking, perfect for enhancing the flavour of vegetables, soups, sauces, marinades, salads, stir-fries, grilled dishes, goulash and pasta. No grinder at hand? You can also find finely ground pepper in our shop: [black](#) or [white](#). Did you know where pepper grows? India, Sri Lanka, Vietnam and Brazil are some of the typical countries of cultivation.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1158 kj
Calorific value kj	1287 kj
Calorific value kcal	277 kcal
Calorific value kcal	308 kcal
Fat	3.3 g
Of which saturated fatty acids	1.4 g
Of which saturated fatty acids	0.9 g
Carbohydrates	38.7 g
Carbohydrates	52 g
Of which sugar	0.6 g
Of which sugar	49.4 g
Fibers	25.3 g
Fibers	13.1 g
Protein	10.4 g
Protein	10.9 g
Salt	0.05 g
Salt	0.1 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein

Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Horst Bode Import-Export GmbH Sesame US-EU-DE-154233667	Nein

Walnuts	Nein
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Wheat	Nein
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