

Organic Roasted and Salted Cashew Nuts 6x150g

These roasted and salted kernels offer a delightfully nutty and salty snack, providing a source of protein. Perfect for snacking on their own or for cooking exotic dishes, they can also be used as an ingredient in salads, sauces, or trail mix.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2275 kj
Calorific value kj	2740 kj
Calorific value kcal	544 kcal
Calorific value kcal	655 kcal
Fat	36.7 g
Fat	48.6 g
Of which saturated fatty acids	10 g
Of which saturated fatty acids	9.7 g
Carbohydrates	33.3 g
Carbohydrates	29.8 g
Of which sugar	6.7 g
Of which sugar	5.9 g
Fibers	6.7 g
Fibers	7.5 g
Protein	16.7 g
Protein	20.8 g
Salt	0.415 g
Salt	0.14 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein

Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Ja
Spelt	Nein
Barley	Nein
Oat	Nein
Horst Bode Import-Export GmbH Hybrid Strains USF-Id.Nr.: DE154233667	Nein

Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein